

Access
for
All Abilities



Play is a 100% free information and referral service, helping people with a disability to participate in hundreds of sports and recreation activities across Melbourne.

Being physically active or participating in organised sport is great for making friends, getting healthy and having fun. No matter what sport you want to join, and no matter what your disability is, there is something out there for you.



“I’ve learnt so much about what I can do and the possibilities. Getting into sport has changed my life!” -Matt Lewis, Wheelchair Rugby Player



For assistance from AAA PLAY, you can discover a new sporting challenge now.

Visit our info-loaded website

aaavic.org.au

or call us today

1800 AAA VIC (222 842)



play over thirty different sports as part of Access for All Abilities

Archery, **Aussie rules**, Badminton, **Balloon Football**, Baseball, **Basketball**, Bowls, **Boccia**, Calisthenics, **Cricket**, Cycling, **Equestrian**, Gymnastics, **Hockey**, Netball, **Soccer**, Squash, **Surfing**, Swimming, **Table Tennis**, Tennis, **Ten Pin Bowling**, Volleyball, **Wheelchair Rugby**, Yachting

